

Jayme Koerselman

Phone: 509.842.6757

Email: kairos counseling@gmail.com

Profile

Jayme Koerselman, MA, LMHC, CSAT is both a practitioner and teacher in the field of mental health counseling. He has passionately worked to teach and implement a relational understanding of mental health in both private practice and academic settings. Jayme is also interested in promoting healthy sexuality both in his work with clients and with other practitioners and institutions. To that end, he has developed skills in teaching through various seminars and lecturing as well as a therapeutic method combining structured treatment of problematic sexuality and the development of intimacy within relationships.

Experience

Owner, Kairos and Koru Counseling, 2004 — current

Jayme began his private counseling practice in 2004 working part-time, but quickly transitioned to full-time in 2005 taking over the practice of a colleague who was relocating. While in Seattle from 2004-2009, Jayme developed a consistent practice specializing in sexual addiction and worked with individuals, couples and designed a group specifically for those struggling with sexual behavior. After moving to Auckland and a full time lecturing role, Jayme kept a private practice (6-10 clients at a time), strongly believing that a teacher should also be experiencing and developing through practice. In 2015, he moved back to Spokane, WA to develop a full-time private practice to follow his passion of clinical work. Throughout his career, Jayme has had the privilege of working and caring for hundreds of people in their healing and movement away from loneliness towards connectedness with others and themselves.

Lecturer, Laidlaw College, September, 2015 — current

Jayme is currently an adjunct faculty member of the department of psychology at Whitworth University in Spokane, WA. He is excited about the new teaching environment and community at Whitworth while continuing to grow a full-time private practice.

Lecturer, Laidlaw College, February, 2010 — January, 2015

Jayme was a full-time lecturer in the Laidlaw School of Counselling degree program in Auckland, New Zealand which offers tertiary education for students wanting to pursue professional counselling practice. His responsibilities have included writing, teaching and managing 3-4 courses per academic year, leading an experiential process group focused on the personal and professional development of students, supervising other group leaders and facilitators, and contributing to research outputs through written and spoken presentations. Jayme was internationally recruited to help develop the degree initially and has had a significant role in the planning and implementation of the program

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Therapist, Institute for Family Development, February, 2005 — May, 2005

During his time with the Institute, Jayme provided in-home and community based family counseling, working with 3-4 clients at a time. This was influential in Jayme's appreciation of systemic interventions as he worked with families through crisis intervention, skill building, counseling, and advocacy.

Program Specialist, Fairfax Psychiatric Hospital, June, 2004 — February, 2005

Immediately after graduating with his Masters of Counseling degree, Jayme worked as a program specialist in a psychiatric hospital serving children, adolescents, and adults. He worked in all three units and was active in patient care and supervision while facilitating group therapy, activities and milieu management. Jayme also participated in some of the treatment planning and patient documentation including BAIR note-taking. This experience was vital in shaping Jayme's knowledge and experience of mental health issues, especially in regards to community health and psychiatric complexities.

Children's Extended Care Intern, Compass Health, 2004

Jayme's time with Compass Health as an intern was his first practical experience of clinical work and to this day has informed his work especially with children. He was involved in both individual and group work focused on behavioral change through education, organized activities, and focused interventions. Consistently, he found the transformative power was often contained more in the quality of relating in a kind, consistent, and structured manner. This learning was supported in group consultations, individual supervision with the acting clinical manager, and exposure to many resources. Because it was a community funded program, Jayme also quickly learned how much paperwork can come with this type of work!

Web Store Manager and Public Relations Director, Lion of Zion Entertainment, 2000 — 2002

Along with his work as a professional musician, Jayme managed the web store of a small record label and was an important part of the overall promotion of the label. This included recruitment of new albums and artists to be a part of the label/store as well as the marketing and distribution of the product. His responsibilities included completing web retail and wholesale orders, managing inventory, and updating the website.

Professional Saxophonist/Tour Manager, Christafari and other bands, 1999 — 2004

Jayme's first career was that of a professional saxophonist working with a variety of bands and music including rock, dance, big band, jazz and reggae. Primarily playing with the reggae band Christafari, Jayme toured extensively throughout the U.S., Central and South America, and Europe. In addition to his playing responsibilities with Christafari, Jayme was an acting band manager handling tour finances, merchandise, contracts, and travel planning for an 8-9 person band.

Education

The Seattle School of Theology and Psychology, Seattle, WA — Masters of Arts in Counseling, 2004

Jayme Koerselman

- GPA of 3.8 out of 4.0

Belmont University, Nashville, TN — Bachelor of Arts in Music Performance, 1999

- Graduated *summa cum laude* with Dean of Music School scholarship
- GPA 3.97 out of 4.0

Licensure & Certifications

Provisional member of the New Zealand Association of Counsellors — 2010-present

Licensed Mental Health Counselor in Washington State — 2007-present

Certified Sex Addiction Specialist (CSAT) — 2007-present

- Specialized training based on Patrick Carnes work in addiction which included several week long training sessions as well as focused consultation on client work (for more information see <http://www.iitap.com/>)

Lifespan Integration certification — 2006

- Trauma integration training with Peggy Pace

Publications

Freudian Slips, Stimulus Journal, July 2012

The Dance of Addiction: An Exploration of Systemic Addiction Interaction with Food and Sex in a Couple Dyad, Journal of Sexual Addiction & Compulsivity, Forthcoming

Teaching Experience/Presentations

How to Talk to Your Kids About Sex — Shore Community Church, June, 2014

Sexual Addiction and Ministry — Guest Lecturer at Carey Baptist College, October, 2013 & 2014

Sex and Relationships forum — Edge Church Kingsland, September, 2013

A Song Worth Singing: Reclaiming Sexuality Through the Song of Songs — Connect Presbyterian Youth Conference, July, 2013

Sexual Addiction: The Illusion of Intimacy — professional counsellor and pastoral seminar, New Zealand Christian Counselling Association (NZCCA), July, 2013

The Illusion of Intimacy: Clinical and Theoretical Perspectives on Sexual Risk Taking & Sexual Addiction — Sexual Health Society of Queensland (Brisbane, Australia), April, 2013

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The Pornography Effect — keynote speaker at a one day training seminar, New Zealand Association of Counsellors (NZAC), November, 2012

Genesis 3: Questions of Redemption — Shore Community Church, August, 2012

Sexual Addiction and Eating Disorders: An Exploration of Addiction Interaction in the Couple Dyad — Presenter at the 5th Multidisciplinary International Sexual Dysfunction Conference, April, 2012

Men and Sexuality — Shore Community Church, April, 2011

Healthy Sexuality: The Birds and the Bees — Church Leaders Day at Laidlaw College, May, 2010

Sexual Addiction — Prodigals Radio Show Guest Speaker KGNW 820 AM, April, 2009

Developing Your Voice as a Therapist — Guest lecturer at The Seattle School of Theology and Psychology Practicum IV March, 2008 & March, 2009

The Danger and Damage of Pornography — Seattle Pacific University during “Respect Your Body Week”, February, 2008

Working with Sexually Addicted Clients — Seminar for therapists, November, 2006

Sexual Addiction Presentation — Seattle Pacific University Men’s Dormitory Group, November, 2006

Memberships/Volunteerism

New Zealand Association of Christian Counsellors, associate member — 2014-present

American Counseling Association, member — 2007-2009; 2013-2014

Society for the Advancement of Sexual Health — 2006-2012

Seattle Counselors Association — 2005-2007

The Christian Network Forum for Sexual Health — 2006-2009

References

Lex McMillan (Head of School, Laidlaw College School of Counselling)

+64 21 181 5072 email: lmcmillan@laidlaw.ac.nz

Doug Hansen, MSW (former clinical supervisor)

206.240.3575 email: dhansenmsw@msn.com

Dr. Dan Allender (former teacher and President of The Seattle School of Theology and Psychology)

206.225.8186 email: dallender@theseattleschool.edu