Jayme Koerselman

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*Profile*

Jayme Koerselman, MA, LMHC, CSAT is both a practitioner and teacher in the field of mental health counseling. He has passionately worked to teach and implement a relational understanding of mental health in both private practice and academic settings. Jayme is also interested in promoting healthy sexuality both in his work with clients and with other practitioners and institutions. To that end, he has developed skills in teaching through various seminars and lecturing as well as a therapeutic method combining structured treatment of problematic sexuality and the development of intimacy within relationships.

*Experience*

**Owner, Kairos and Koru Counseling, 2004 — current**

Jayme began his private counseling practice in 2004 working part-time, but quickly transitioned to full-time in 2005 taking over the practice of a colleague who was relocating. While in Seattle from 2004-2009, Jayme developed a consistent practice specializing in sexual addiction and worked with individuals, couples and designed a group specifically for those struggling with sexual behavior. After moving to Auckland and a full time lecturing role, Jayme kept a private practice (6-10 clients at a time), strongly believing that a teacher should also be experiencing and developing through practice. In 2015, he moved back to Spokane, WA to develop a full-time private practice to follow his passion of clinical work. Throughout his career, Jayme has had the privilege of working and caring for hundreds of people in their healing and movement away from loneliness towards connectedness with others and themselves.

**Adjunct faculty, Whitworth University, September, 2015 — 2017**

Jayme was an adjunct faculty member of the department of psychology at Whitworth University in Spokane, WA. He taught both introductory level psychology courses as well as an upper level course on the integration of psychology and faith.

**Lecturer, Laidlaw College, February, 2010 — January, 2015**

Jayme was a full-time lecturer in the Laidlaw School of Counselling degree program in Auckland, New Zealand which offers tertiary education for students wanting to pursue professional counselling practice. His responsibilities have included writing, teaching and managing 3-4 courses per academic year, leading an experiential process group focused on the personal and professional development of students, supervising other group leaders and facilitators, and contributing to research outputs through written and spoken presentations. Jayme was internationally recruited to help develop the degree initially and has had a significant role in the planning and implementation of the program

**Therapist, Institute for Family Development, February, 2005 — May, 2005**

During his time with the Institute, Jayme provided in-home and community based family counseling, working with 3-4 clients at a time. This was influential in Jayme’s appreciation of systemic interventions as he worked with families through crisis intervention, skill building, counseling, and advocacy.

**Program Specialist, Fairfax Psychiatric Hospital, June, 2004 — February, 2005**

Immediately after graduating with his Masters of Counseling degree, Jayme worked as a program specialist in a psychiatric hospital serving children, adolescents, and adults. He worked in all three units and was active in patient care and supervision while facilitating group therapy, activities and milieu management. Jayme also participated in some of the treatment planning and patient documentation including BAIR note-taking. This experience was vital in shaping Jayme’s knowledge and experience of mental health issues, especially in regards to community health and psychiatric complexities.

**Children’s Extended Care Intern, Compass Health, 2004**

Jayme’s time with Compass Health as an intern was his first practical experience of clinical work and to this day has informed his work especially with children. He was involved in both individual and group work focused on behavioral change through education, organized activities, and focused interventions. Consistently, he found the transformative power was often contained more in the quality of relating in a kind, consistent, and structured manner. This learning was supported in group consultations, individual supervision with the acting clinical manager, and exposure to many resources. Because it was a community funded program, Jayme also quickly learned how much paperwork can come with this type of work!

**Web Store Manager and Public Relations Director, Lion of Zion Entertainment, 2000 — 2002**

Along with his work as a professional musician, Jayme managed the web store of a small record label and was an important part of the overall promotion of the label. This included recruitment of new albums and artists to be a part of the label/store as well as the marketing and distribution of the product. His responsibilities included completing web retail and wholesale orders, managing inventory, and updating the website.

**Professional Saxophonist/Tour Manager, Christafari and other bands, 1999 — 2004**

Jayme’s first career was that of a professional saxophonist working with a variety of bands and music including rock, dance, big band, jazz and reggae. Primarily playing with the reggae band Christafari, Jayme toured extensively throughout the U.S., Central and South America, and Europe. In addition to his playing responsibilities with Christafari, Jayme was an acting band manager handling tour finances, merchandise, contracts, and travel planning for an 8-9 person band.

*Education*

The Seattle School of Theology and Psychology, Seattle, WA — Masters of Arts in Counseling, 2004

Belmont University, Nashville, TN — Bachelor of Arts in Music Performance, 1999

* Graduated *summa cum laude* with Dean of Music School scholarship

*Licensure & Certifications*

Provisional member of the New Zealand Association of Counsellors — 2010-2015

Licensed Mental Health Counselor in Washington State — 2007-present

Certified Sex Addiction Specialist (CSAT) — 2007-present

* Specialized training based on Patrick Carnes work in addiction which included several week long training sessions as well as focused consultation on client work (for more information see http://www.iitap.com/)

Lifespan Integration certification — 2006

* Trauma integration training with Peggy Pace

*Publications*

Incarnational presence: Healing through relationship*,* (2017). In L. McMillan, S. Penwarden, & S. Hunt (Eds.), *Stories of Therapy, Stories of Faith,* Eugene: WIPF & Stock,

*The Dance of Addiction: An Exploration of Systemic Addiction Interaction With Food and Sex in a Couple Dyad*, Sexual Addiction & Compulsivity: TheJournal of Treatment & Prevention, 22:1, 1-15, DOI: 10.1080/10720162.2014.981350, March 2015

*Freudian Slips,* Stimulus Journal, July 2012

*Teaching Experience/Presentations*

*Healthy Sexuality & How to Talk to Your Kids –* Greater Than Conference, North Church, March 8, 2019

*Men’s Summit on Sexual Health –* Upper Columbia 7th Day Adventists Retreat, March 2, 2019

*The New Drug Conference –* Gonzaga University, February 23, 2019

*How to Talk to Your Kids About Sex –* Hamblen Park Presbyterian Church, October 2018

*Sexual Addiction and Sexual Health workshop* – Upper Columbia 7th Day Adventists Retreat, March 4, 2017

*Am I Bad or Am I Isolated: Working With Sexual Compulsivity from a Relational Rather than Moral Perspective* – Washington State Psychological Association, February, 2016

*What is Mental Health* – Hamblen Park Presbyterian Church, February, 2016

*How to Talk to Your Kids About Sex* — Shore Community Church, June, 2014

*Sexual Addiction and Ministry* — Guest Lecturer at Carey Baptist College, October, 2013 & 2014

*Sex and Relationships forum* — Edge Church Kingsland, September, 2013

*A Song Worth Singing: Reclaiming Sexuality Through the Song of Songs* —Connect Presbyterian Youth Conference, July, 2013

*Sexual Addiction: The Illusion of Intimacy* — professional counsellor and pastoral seminar, New Zealand Christian Counselling Association (NZCCA), July, 2013

*The Illusion of Intimacy: Clinical and Theoretical Perspectives on Sexual Risk Taking & Sexual Addiction* — Sexual Health Society of Queensland (Brisbane, Australia), April, 2013

*The Pornography Effect* — keynote speaker at a one day training seminar, New Zealand Association of Counsellors (NZAC), November, 2012

*Genesis 3: Questions of Redemption* — Shore Community Church, August, 2012

*Sexual Addiction and Eating Disorders: An Exploration of Addiction Interaction in the Couple Dyad* — Presenter at the 5th Multidisciplinary International Sexual Dysfunction Conference, April, 2012

*Men and Sexuality* — Shore Community Church, April, 2011

*Healthy Sexuality: The Birds and the Bees* — Church Leaders Day at Laidlaw College, May, 2010

*Sexual Addiction* — Prodigals Radio Show Guest Speaker KGNW 820 AM, April, 2009

*Developing Your Voice as a Therapist* — Guest lecturer at The Seattle School of Theology and Psychology Practicum IV March, 2008 & March, 2009

*The Danger and Damage of Pornography* — Seattle Pacific University during “Respect Your Body Week”, February, 2008

*Working with Sexually Addicted Clients* — Seminar for therapists, November, 2006

*Sexual Addiction Presentation* — Seattle Pacific University Men’s Dormitory Group, November, 2006

*Memberships/Volunteerism*

New Zealand Association of Christian Counsellors, associate member — 2010-2014

American Counseling Association, member — 2007-2009; 2013-2014

Society for the Advancement of Sexual Health — 2006-2012

Seattle Counselors Association — 2005-2007

The Christian Network Forum for Sexual Health — 2006-2009

*References*

Lex McMillan (Head of School, Laidlaw College School of Counselling)

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Doug Hansen, MSW (former clinical supervisor)

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Dr. Dan Allender (former teacher and President of The Seattle School of Theology and Psychology)

206.225.8186 email: dallender@theseattleschool.edu